

AG18 Hyperthermia

Objectives:

- To assess and appropriately treat patients who are hyperthermic

General Information:

- Mild symptoms (heat cramps/heat exhaustion):
 - a Muscle cramps
 - b Nausea
 - c Headache
 - d Irritability
- Serious symptoms (heat stroke):
 - a Hypotension
 - b Loss of sweating (wipe away sweat to see if it reappears)
 - c Altered mental status
 - d Seizures
 - e Coma
- Mild hyperthermia
- Administer oral fluids – water or half-strength electrolyte solution
- Serious hyperthermia
 - a Transport rapidly
 - b Active cooling measures:
 - i Air moving across wet skin
 - ii Ice packs at axilla, groin, neck
 - iii Unit A/C on



Warnings/Alerts:

- Heat stroke is a life-threatening emergency. Do not delay transport

OMD Notes:

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References:

Performance Indicators:

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|---------------------|---------------------|-----------------------------------|
| Time on Scene | Patient Disposition | Total Amount of Fluid Given PO/IV |
| Cooling Method Used | | |

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