

	Department Name Address	ILS	EMT/Intermediate
		Revision #	
		Implementation Date	
Protocol	3.1.3 Asthma - Adult	Last Reviewed/Update Date	
Author / Owner		Medical Director	

Treatment goals of the patient with shortness of breath possibly due to asthma in the pre-hospital environment includes: ensuring adequate oxygenation, delivery of medications to relieve shortness of breath, and safe timely transport to the appropriate care facility.

1. Baseline care standards.
2. Place patient in a position of comfort and reassure the patient.
3. Administer oxygen by non-rebreather mask at 15 liters per minute.
4. Monitor O₂ saturation and capnometry.
5. Assist patient with prescribed medications as directed by private physician.
6. Start CPAP/BiPAP therapy, if appropriate, and available.
7. For wheezing in suspected asthma or COPD administer:
 - a. *Albuterol 2.5mg in 3cc Normal Saline-* by nebulizer.
 - b. Adults may receive continuous *Albuterol nebulizer* treatments until breath sounds are clear.
8. Continue airway management per protocol.
9. Start an IV of Normal Saline at TKO/KVO rate.
10. Transport with the appropriate response and request ALS intercept.

Medical Director's Signature

Date

Disclaimer:

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