

	Department Name Address	BLS	EMT
		Revision #	
		Implementation Date	
Protocol	4.1.20 Pre-Eclampsia and Eclampsia	Last Reviewed/Update Date	
Author / Owner		Medical Director	

Pre-Eclampsia/Eclampsia (also called toxemia of pregnancy) is a serious hypertensive disorder. Signs include: dark colored urine, excessive weight gain, and hypertension. The presence of two of these signs indicates pre-eclampsia and all three indicate eclampsia. A seizing patient in the third trimester should be assumed to be eclamptic. Eclamptic seizures can occur up to 1 week post partum. The definitive treatment for eclampsia is delivery of the child, therefore, consideration of transfer directly to a level of care with obstetric services should be considered when practical.

1. Baseline care standards.
2. Administer oxygen 15L per minute via non-rebreather mask.
3. Manage airway per protocol.
4. Vital signs every 5 minutes, fetal heart tones, level of consciousness.
5. If patient is seizing, call for ALS intercept immediately.
6. Check blood glucose. If patient is conscious and able to maintain her airway and blood glucose is less than 60 mg/dl, administer:
 - *Oral glucose.*
7. Transport the patient in left lateral recumbent position.

Medical Director's Signature

Date

Disclaimer:

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